**ICEBREAKER [5-10 min]:**

**OPTION 1:**
- The group stands in a circle. Say your name while making an action with your body. (eg. arm swing, disco point, hop, swivel hips, etc.) Freeze the motion where ever it ends up.
- As soon as you are finished, the person to the right repeats your name aloud, the motion you made and holds the position which starts the next person.
- This continues around the circle back to the first person. Everyone should be frozen in the same position. When it gets around, the next person starts from that position, makes a new motion while saying their name and holding it at the end.
- This repeats around the circle. It should go pretty fast and is a good way to remember everyone’s name.
- *[Younger children or those with physical disabilities may struggle with this icebreaker – adapt as needed or replace with another icebreaker.]*

**OPTION 2:**

Ask participants to imagine what would happen if they were someone different or were in a different place. Start with "If you," then add one of these imaginative endings:
- Were a robot, what would your primary function be?
- Were a famous hero, what would you be famous for doing?
- Ran a toy company, what would be your next great toy to sell?
- Could choose one fantastic beast to have as a pet, what would you choose?
- Could live like any bug, which would you trade places with?
- Could build a house out of anything, what would you choose?
- Could live on any planet, which one would it be and why?
- Could travel anywhere in the world, where would you go and who would you go with?

**STORY [10 min]:**

Gather children around in a storytime type configuration and read or tell them the story of the Minotaur (print these pages out ahead of time):


**GAME: YARN LASER MAZE [10 min]**

Suitable for spaces which form corridors.

1. Cut lengths of yarn and tape to either side of corridor; these are the laser beams
2. Yarn should be placed at all sorts of different heights and angles
3. Children attempt to move from one end of the laser beam pathway to the other end without touching any of the laser beams
4. If any part of a child’s body or clothes touches a laser beam, that child must start again at the beginning
5. It might be an idea to appoint "guards" to observe the activity

**Materials:**
Scotch tape or masking tape
Ball of yarn

**GAME: POM POM TRACK RACE [10 min]**
Suitable activity for open spaces which do not lend themselves to the yarn maze.

1. Lay down parallel lines of masking tape so that they form a somewhat twisted pathway on the floor or carpet
2. Make several of these pathways so that they run parallel to one another; these will be the “race tracks”
3. Give children each a straw and a pom pom (start with large pom pom, but they might find a smaller one works better for them)
4. The challenge is to see how quickly they can get the pom pom to the finishing line without allowing it to stray off the path
   Could be a “race” or an individual challenge

**Materials:**
Drinking straws
Pompoms of varying sizes
Masking tape

**ADDITIONAL ACTIVITIES:**

**Minotaur’s Maze Worksheet**

Create your own mythical creature
- Use found objects to create your own mythical beast. Model any beast or creature you can dream up – use your imagination!
- Optional: Describe your mythical beast (where it can be found, and what it does, etc)

**ADDITIONAL RESOURCES**

*D’Aulaires’ Book of Greek Myths* by Ingri D’Aulaire
*Greece! Rome! Monsters!* by John Harris
*Let’s go, Pegasus! A Greek Myth*
*Mythological Monsters of Ancient Greece* by Sara Fanelli
*Tales from the Odyssey* by Mary Pope Osborne
*Young Zeus* by Brian G. Karas
Create your own mythical creature [http://www.show.me.uk/editorial/1160-how-to-make-your-own-mythical-creature](http://www.show.me.uk/editorial/1160-how-to-make-your-own-mythical-creature)
THE MINOTAUR'S MAZE
Go through the maze, defeat The Minotaur, and find your way out!