

BC SRC 2018: Motion Commotion!
Program (Ages 5-8), Theme 6: Bust a Move!

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SUPPLIES

- CD player and some music from the library's collection. Look for CDs that are compilations of popular songs (e.g. Kidz Bop)
- Supplies for musical instrument crafts will depend on which instruments you choose to make with participants. Recycled instruments require gathering boxes and recycled containers well in advance of the program.
- Extra noise makers and scarves that you have in your library

WELCOME AND INTRODUCTION [10 min]

Welcome to our Summer Reading Club program! My name is _____. Today, our activities are going to be all about music and dance. Here are a few terrible music jokes to get things started.

- Q. What is a skeleton's favourite instrument? A. The trombone.
- Q. What kind of music does a mountain like? A. Rock music!
- Q. What kind of music do bunnies like? A. Hip Hop.

What kinds of music do you know? What kinds of dances are there? (specific songs, singers, instruments, dance steps....)

Icebreaker

- Hand out cards with a song title to each child. There will be repeats of the same songs because you only want to use really well known songs.
- Get the participants to wander around the room meeting the other children.
- Instruction: You're going to tell each other your name, your favourite musical instrument and hum the tune of your song. Don't tell each other the name of your song or use any words. You want the other person to have to guess the name of the song from your humming. Some of you will have the same song.
- I'll start: "My name is _____, my favourite instrument is the tuba and here is my song _____"

Icebreaker Song Cards

- Twinkle twinkle Little Star (A,B,C)
- Mary Had a Little Star
- Baa Baa Black Sheep
- Wheels on the Bus,
- If you're happy and you know it
- Happy Birthday

STORY [5 min]

There are lots of great read-a-louds about music or books made with song lyrics. Here are a few examples:

<p><i>Music is for Everyone</i> by Jill Barber <i>Yellow Submarine</i> by The Beatles <i>The Hockey Song</i> by Stompin Tom Connors <i>Footloose</i> by Kenny Loggins <i>One Love/Three Little Birds</i> by Bob Marley</p>	<p><i>Take me Out to the Ballgame</i> by Jack Norworth <i>John Coltrain's Giant Steps</i> by Jon Ratchca <i>Abiyoyo</i> by Pete Seeger <i>Red & Yellow's Noisy Night</i> by Josh Selig <i>Happy</i> by Pharrell Williams</p>
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ACTIVITY [10 min]

Option 1:

- Play hot potato. Pass a ball or toy around the circle until the music stops. The participant holding the item is "out".

Option 2:

- Play Simon Says with dance moves [e.g. spin, hopping foot to foot, waving arms in the air, dab, pretend tap dance, ballet, chicken dance]

CRAFT [20 min]

There are lots of great crafts for making homemade instruments. Choose one that works for your budget and space. Tell the participants they can work on the project on their own or with a partner (inclusive messaging)

- Homemade Recycled Instruments (see addendum for supplies and instructions)
- ***Popsicle Stick Harmonica*** <http://www.housingaforest.com/popsicle-stick-harmonica/>
- ***Drinking Straw Flute*** <http://deceptivelyeducational.blogspot.ca/2012/04/making-magic-drinking-straw-flute.html>
- ***Bottle Top Castanets*** <https://www.youtube.com/watch?v=tlrczXY80FI>

DANCE PARTY [10 min]

Put on some music. Bring out any additional noise makers, instruments or props (scarves) that your library has. You can find playlists of songs and dance party inspiration from the following blog posts:

- [Family Dance Party](#)
- [Silly Songs Dance Party](#)
- [Music and Movement](#)

CLOSING

Thank everyone for coming

Addendum

Homemade Recycled Instruments

Instructions for 3 different types of instruments (drum, shaker, and strummie). You can choose to make one instrument with your group or try all three. Remind participants that tuning isn't important, just experiment with making different noises

Supplies

Clean recycled containers (e.g. yoghurt containers, margarine tubs, small tins, cardboard tubes or boxes)

Stickers

Felts/markers/pens/pencils

Tape

Glue

Plain and or coloured rubber bands of different sizes

Rice or dry beans

Set Up

1. Supplies table
2. Table and chairs for participants
3. Instructional sheets on each table

Drum

1. Choose a container for your **Drum**
2. Decorate!
3. Try hitting it with your hands or different types/sizes of sticks

Rubber Band Strummies

1. Choose a box or container for your **Strummie**
2. Stretch 3 to 6 elastic bands around the container.
3. Try adding a "bridge". Put a small piece of cardboard under one end of the strings. See if it makes your Strummie sound better.
4. Decorate!
5. Strum!

***Try different size elastics to make different sounds. ***

You may need to cut grooves in the container for the elastics bands

Shakers & Rattles

1. Choose a container for your **Shaker**
2. Fill container with a small handful of rice
3. Attach lid and secure with tape
4. Decorate!
5. Shake it!